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INSTRUCTIONS FOR AUTHORS

The journal *Transdisciplinary Insights in Life Sciences* invites the submission of original manuscripts for publication. It is recommended that authors familiarize themselves with the "Guide for Authors" prior to submitting their work. Comprehensive instructions pertaining to the preparation and submission of your paper to this esteemed journal are presented in the subsequent sections.

The journal, *Transdisciplinary Insights in Life Sciences*, accepts papers only under the condition that:

- The research study has exclusively been submitted to Transdisciplinary Insights in Life Sciences and is not currently being considered, peer review, accepted for publication, in press, or published elsewhere
- The manuscript presented is an authentic creation of the author and does not replicate any previously published material, even the author's own prior works. Authors are required to explicitly indicate in their cover letter to the editor whether the manuscript should be classified as a Research paper or a Review article. Additionally, authors must affirm that the paper has not been previously submitted to any other journal for publication. Authors should clearly indicate in the Materials and Methods section of their publication if they have acquired the necessary ethical approval from the appropriate institutional ethics committees for conducting in vivo research involving animals or humans.

Manuscript Categories

We accept the following types of manuscripts:

- Research Articles: Original research findings in the life sciences
- Review Articles: Comprehensive reviews of current topics in the field.
- Short Communications: Brief reports of important findings or preliminary results.
- Commentaries: Opinion pieces on emerging issues and developments.
- Editorials: Invited editorials addressing key topics in the life sciences.
- Letters to the Editor: Constructive feedback and correspondence on published articles.

Submission Guidelines

Manuscript Preparation

- Manuscripts should be written in clear and concise English.
- Use the provided template for formatting, which includes sections for title, abstract, introduction, methods, results, discussion, or results and discussion, conclusion, and references.
- Figures and tables should be included within the manuscript, and high-resolution images should be provided.
- Ensure proper citations and references following a recognized APA 7th Edition citation style (American Psychological Association 7th Edition).

Preparing Your Paper

Manuscripts ought to be precisely written in English exclusively through Microsoft Word, employing Times New Roman font size 11, Multiple spacing (1.15 with pages set to A4 size), and arranged as



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follows: Title page consisting of the manuscript's title (12–20 words) followed by the names and affiliations of all authors; Abstract (not exclude 250 words); Keywords (4-6 words), Introduction; Materials and Methods; Results; Discussion; or (Results and Discussion); Conclusion; Acknowledgments; References; tables and figures accompanied by captions (on separate pages or included in manuscript text). It is required to include the corresponding author's postal address, telephone number, and email address.

Figures

Included in text or separate JPEG/TIFF files containing illustrations at 300 dpi are required. Figures ought to be annotated in the text with Arabic numerals (Fig. 1, Fig. 2, etc.) as well as numbered.

Tables

Number tables consecutively with Arabic numerals, as in the text. Each table should be double-spaced on a separate page with an informative title above and superscript lowercase footnotes below. Abandon vertical rules. Tables should be used sparingly and should not repeat results from other parts of the essay. The electronic submission method attaches files with tables separately or within text.

Submission Process

Authors can submit their manuscripts via our online submission system at https://panainool.com/submission you will be guided through the submission process, including the provision of author information, abstract, keywords, and the manuscript file.

Ethical Guidelines

When conducting animal experiments, authors (on the basis of their country of origin) are obligated to indicate in the Materials and Methods section that the care of their study organisms was in accordance with the guidelines sanctioned by the relevant ethical committee at the institution or institutions where the experiments were conducted. Manuscripts that include human subjects or excessive numbers of relatively rare or endangered species may be rejected.

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Conflict of Interests statement

Authors of Transdisciplinary Insights in Life Sciences must disclose conflicts of interest.



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Other (optional)

If authors want to list their funding sources and contributions, they can do so. They may provide their own interest (but it is only on the title page).

Guidelines for style of references

- *Citations should be formatted in text as follows:* According to Shavers (2007) delineates the constraints associated with investigating health disparities through the lens of socioeconomic status, which comprise challenges in data collection and the complexities of categorizing women, children, and employment status.
- For one author (Abrams, 2018); for two authors (Wegener & Petty, 1994); for more than two authors (Harris et al., 2018); for organisation group (Centers for Disease Control and Prevention [CDC], 2019).

The reference section ought to be organized alphabetically with the references. The style of reference is specified below:

• Journal Article

Ashing-Giwa, K. T., Padilla, G., Tejero, J., Kraemer, J., Wright, K., Coscarelli, A., Clayton, S., Williams, I., & Hills, D. (2004). Understanding the breast cancer experience of women: A qualitative study of African American, Asian American, Latina and Caucasian cancer survivors. *Psycho-Oncology*, 13(6), 408-428. https://doi.org/10.1002/pon.750

• Online News/Magazine Article

Rogers, O. (2021, July 9). Why naming race is necessary to undo racism. Psychology Today. https://www.psychologytoday.com/us/blog/who-am-i-who-are-we/202107/why-naming-race-is-necessary-undo-racism

• Book

Schmidt, N. A., & Brown, J. M. (2017). Evidence-based practice for nurses: Appraisal and application of research (4th ed.). Jones & Bartlett Learning, LLC.

Book Chapter with Editor(s)

McCormack, B., McCance, T., & Maben, J. (2013). Outcome evaluation in the development of person-centred practice. In B. McCormack, K. Manley, & A. Titchen (Eds.), Practice development in nursing and healthcare (pp. 190-211). John Wiley & Sons.

Web Page

Centers for Disease Control and Prevention. (n.d.). Preventing HPV-associated cancers. https://www.cdc.gov/cancer/hpv/basic info/prevention.htm/

• Online Report

Los Angeles County Department of Public Health. (2017, January). Key indicators of health by service planning area. http://publichealth.lacounty.gov/ha/

• Dissertation or Thesis

Valentin, E. R. (2019, Summer). Narcissism predicted by Snapchat selfie sharing, filter usage, and editing [Master's thesis, California State University Dominguez Hills]. CSU ScholarWorks. https://scholarworks.calstate.edu/concern/theses/3197xm925?locale=en

Editorial Policy



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